

January 2010

CAL VOICE

(California Association of Laryngectomees)

We Are Back

The last time CAL had a full blown annual meeting was in Reno, NV back in 2003. Because of that small attendance, and the even smaller attendance in several proceeding years it was decided to only do future meetings when we had a willing "Club Host" and a good chance to attract enough people to make it worth while and cost effective. We had planned to have a meeting last year, but then the IAL made a very late announcement that they were coming to CA for their 2009 meeting so we canceled. Attendance is hard enough without outside competition.

The Look Who's Talking club in Stockton, CA has agreed to host this year's meeting. CAL's first in 6 years. They have hosted two other CAL meetings in the past, and have also played a major role in hosting two IAL meetings, so we are in good hands after this long absence!

Laryngectomee organizations around the world are in trouble with attendance and a lack of new members and leaders coming forward. The CAL went into hibernation for 6 years because we can not afford to host meetings that lose money. The CEL, the largest association in Europe only meets every 4 years now and the Asian Federation meets every 2 years. Our own International Association only has enough operating capitol left for one more meeting at its current scope, or maybe 2 more years if they don't lose any money at this years meeting... which is probable.

It is the CAL's mission to provide rehabilitation

support to all our member and others in the 5 Western states. With the increasing cost in travel, lodging, and meals it becomes harder each year for our members to travel to an IAL meeting that consistently changes location so that it can give the most people a chance to attend at least one IAL meeting someday. The purpose of CAL and the other regional organizations like FL and TX is to help fill that void and provide as many people as possible the opportunity to hear the best and most knowledgeable speakers in Laryngectomee rehabilitation, and to meet the suppliers of the products we need, actualy touch the products and ask questions.

So...the CAL is back and will continue to support the 5 Western States for as long as you will support us with your attendance and bring us future leaders. But please take heed...our pockets are not very deep and low attendance will drain our bank account very quickly. We need your support now more than ever because in a few years we may be all that is left for new laryngectomees to turn to.

Stockton Hilton

2323 Grand Canal Blvd
Stockton, CA 95207

Reservations: Direct 209 957-9090, Toll Free
1 800 445-8667

CAL Discount Rate is \$94 a night single or
double.

**You must register before April 1, and you must
tell them you are with CAL to get the discount.**

Meeting Info

This year's meeting is at the recently remodeled, acquired and refurbished Stockton Hilton Hotel. The Hilton is located a short 8/10ths of a mile off I-5 via the March Ln exit. This is a small compact hotel with an almost perfect location as shown on the next page, and the room rate is \$94 a night for 2 people. Parking is free and there are many low cost restaurants in the area.

Most of the major vendors have indicated that they will be attending and all but 2 have already registered for an exhibit table. The conference will start with a panel of vendors that will discuss their products and answer questions from a moderator and the audience. This should be very informative because there are several new electro larynges and prosthesis on the market plus other stuff you may not have seen or heard of.

It is anticipated that the panel will consist of; Jodi Knox, MS CCC-SLP as the moderator, Atos, Griffin Labs, InHealth, Lauder Enterprises, Luminaud, Romet, UltraVoice, and CTAP (California Telephone Access Program).

We have put together a great staff this year and a great Program. The always popular and informative Jan Lewin will return to CAL and she is bringing Jodi Knott, one of her associates with her. Jan and Jodi are with the MD Anderson Cancer Center in Houston TX and they will share lots of info on TEPs, a history of alaryngeal speech, managing cancer and much more. In addition we will have Irene Hennessey from Southern California talking about how to improve your communication skills and dealing with swallowing problems. Barbara Dabul, from Phoenix, AZ will share how we taught the use of artificial larynges in Costa Rica and actually measured and tested the proficiency of the patients.

Rounding out the schedule will be Ana Villalobos, and Johanna Fernandez talking about the recent progress in laryngectomy re-

habilitation in Costa Rica. The CAL, some of its member clubs, individuals, Griffin Labs, Lauder Enterprises and Luminaud all played a major role in their support as did many others. We hope to have a documentary about the project ready for the conference but we are well behind schedule so that may not happen.

As previously stated we need your support to not only make this a successful meeting, but to guarantee there will be future meetings. Please, tell your friends, help get the word out, and register early so we can plan accordingly.

I apologize for the short notice but hotel reservations must be made by April 1. Failure to do so will result in a higher rate, if there are still rooms available.

Our Mailing List

You have received this newsletter either by regular snail mail or by email. Our mailing list is for the most part a pretty old list based on a compilation of several lists of known laryngectomees, professionals, and other supporters. We know that many of the names, addresses and emails have changed over the years and this mailing is the best way we can purge or correct the list.

We would like to only send out electronic copies by email since that costs us nothing but we also know it is not realistic. So, if you have an email address please let us know if you would like to receive future mailings that way. If you received this via email and would prefer a hard copy we can do that also. For the few of you that might not want to receive anything we will gladly remove you from the list if you want.

For changes you can email us at:
jhenslee@calvoice.org
or write us at:
CAL
2137 Hacienda Dr.
Stockton, CA 95209

Stockton Hilton

The Perfect Meeting Place

This year marks the second time that the Look Who's Talking Lost Chord Club has hosted a CAL Meeting. The first time was back in the nineties and it was also at the same hotel but under what was a Radisson at that time. That meeting drew a large attendance (for CAL and other Regional Meetings) of about 150. Everyone raved about the fantastic location (.8 miles off I-5) and at least 15 places to eat with-in walking distance.

The only apology we have to make is that 2 days just isn't enough time to learn all we have for you, and enjoy all the food. Some examples are:

Appleby's
Olive Garden
Marie Calendars
El Torrito
Red Lobster
Dave Wong's (15 min walk but great Chinese restaurant)
Denny's
McDonalds
Jack In the Box
Carl's Jr.
Arroyo's (Great Mexican food on the lake)
In & Out Burger
Basil's (Great sandwiches and drinks about 50 paces from the hotel)
Ghinggis Kahan Mongolian
Wine Wizards Restaurant and Wine Bar
Java Aroma
Straw Hat Pizza

Plus about 20 others within walking distance or a 10 min drive.



Stockton Hilton
For reservations call:
Direct: 209 957-9090
Toll Free: 1 800 445-8667

Must call before April 1 to receive discount price of \$94. Don't wait, the rooms will go fast because of the Asparagus Festival.

Voices Restored

Program of Events

Draft—Subject to Change

Friday - April, 23

- 9:00 **Welcome**
Jack Henslee
- 9:15 **Vendor Panel**
Jodi Knott, MS CCC-SLP - Moderator
- 10:45 **Break - Visit Vendors**
- 11:15 **A Historical Review of Alaryngeal Speech: Yesterday, Today, and the Future**
Jan Lewin, PhD
- 12:15 **Lunch on Your Own**
- 1:30 **Maximizing Communication**
Irene Hennessey, MS CCC-SLP
- 2:30 **Electro Larynx Speech - Proficiency and Testing**
Barbara Dabul, PhD
- 3:15 **Break - Visit Vendors**
- 4:00 **Laryngectomy Rehabilitation In Costa Rica**
Guest Speakers;
Dra Ana Villalobos,
&
Johanna Fernandez
- 4:45 **TBD**

Saturday - April 24

- 8:30 **Current Concepts in the Functional Evaluation and Management of Larynx Cancer**
Jan Lewin, PhD
- 9:15 **Esophageal Speech**
Irene Hennessy, MS CCC-SLP
- 10:00 **Break**
Sponsored by Lauder Enterprises
- 10:45 **Swallowing Changes After Total Laryngectomy**
Irene Hennessy, MS CCC-SLP
- 11:30 **TEP: Prostheses, Hands-Free Valves, and HMEs**
Jodi Knott MS CCC-SLP
- 12:15 **Lunch On Your Own**
- 1:30 **Troubleshooting More Complex TEP Problems**
Jan Lewin, PhD
- 2:45 **Break - Visit Vendors**
- 3:30 **Experts Panel**
- 4:30 **Closing Remarks**
- 6:30 **Banquet**

Stockton Asparagus Festival

The CAL has traditionally held its meetings in the Oct time frame with a few exceptions. This years meeting was specifically moved to the last full weekend in April to try and accommodate some graduate students from UOP, SFSU, and Sacramento State. But we also wanted to give you a chance and/or excuse to attend the Stockton Asparagus Festival.

Asparagus Alley Information

The festival is held downtown by the waterfront and it is a fantastic event. Last year over 45,000 pounds of delicious asparagus was enjoyed by all. From delicious deep-fried asparagus (45,000 orders), Asparagus Tri-tip Sandwiches (9,000 orders), Asparagus Burritos (4,000 orders), and pasta dishes (8,500 orders), to refreshing drinks and more, the Stockton Asparagus Festival offers bushels of different treats sure to please! Trust me.... One of life's better moments is a basket of deep fried asparagus, ranch dressing for dipping, and nice cold beer.

It is ranked by some of the finest culinary critics in the country as one of the best food festivals in the West. That's because Asparagus Alley offers delicious and unique dishes for all tastes. Come enjoy this truly special celebration of Central Valley's own...asparagus!

Because the asparagus is grown locally, it's the freshest you can get. In fact, much of the asparagus is cut fresh every day! You can enjoy by the piece, the basket, unique recipes, or take a box home with you for a great price.

Fun at the Festival

Weber Point Main Stage

Get ready to enjoy three days of fun and exciting entertainment!

Friday, April 23:

Pete Escovedo Latin Jazz Orchestra, at 12:30
Sha Na Na, at 4:00 pm

Saturday, April 24:

CoverGrrlz, at 1:30 pm
Blue Oyster Cult, at 4:30 pm

Sunday, April 25:

Tennessee River – A Tribute to Alabama , at 1:00
Loverboy, at 4:30 pm

Other Venues

Friday, April 23

10:30-11:30 "Stepping Out" - City Tappers
11:30-12:15 SRO – Vocal Jazz Quartet
12:15-1:15 John Covert and Crystal Image
2:30-3:30 Irish Traditional and Celtic Rock
3:30-5:00 Steppin' Out with Geri Eckert (Big Band/Jazz Standards)
5:00-6:30 Multi-Cultural Dance and Music

Saturday, April 24

10:00-11:00 Dance Extreme
12:00-1:00 Ballet Folklorico de Frank Zapata
1:00-3:00 Mike Torres Band
3:00-4:00 Mariachi Cali
4:00-6:30 Latin Magic Band

Sunday, April 25

10:00-10:30 KAOS Dance Company
10:30-11:30 Los Danzantes del Puerto
11:30-12:30 Stockton School for Performing Arts
12:30-1:30 Stockton Bukkyo Taiko
3:30-4:30 Na Hoku Mai Kanoelani
4:30-6:30 Last Stage (Boston Tribute Band)

**All of this is just a 10 minute drive
from the Stockton Hilton!**

California Association of Laryngectomees
Voices Restored - 2010
Registration Form
Stockton Hilton, Stockton, CA
April 23-24, 2010

Registration permits the attendance of one person to all events, exhibits, and food/beverage functions at the Voices Restored Conference April 23-24. The fee is all inclusive and no discounts are provided for not attending all events. At the conclusion of the conference on Sat, April 24, there will be an evening banquet. **The cost of the banquet is included in the registration fee for non students.**

Please register below and mail to:

Debi Austin
8821 Owensmouth Ave #18
Canoga Park, CA 91304-1410

OR

Register online at www.calvoice.org

Registration Fee: \$55 per person, \$100 per couple; \$25 per SLP Student (*Does not include banquet*)

Name: (*Please Print*) _____ Laryngectomee? Yes No
Street Address _____
City _____ State _____ Zip _____
Phone Number (____) _____ Email _____

Name: (*Please Print*) _____ Laryngectomee? Yes No
Street Address _____
City _____ State _____ Zip _____
Phone Number (____) _____ Email _____

Payment by Credit Card : (*MC or VISA only*)

Card Holder Name: _____ Card #: _____

Expiration Date: _____ Security Code _____ Card Type _____

Total: _____ Signature: _____

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California Association of Laryngectomees Board of Trustees

The CAL is governed by a six member Board of Trustees. The primary duties of the Board is to manage the assets of the CAL, provide support to it's member clubs, organize and support workshops and conferences, and conduct the daily business of the organization.

The CAL was originally formed to support California laryngectomee clubs and support groups. During the years its mission has evolved to encompass offering membership to all West Coast laryngectomee groups. Our workshops and conferences are open to anyone, but the locations and subject matter are geared toward providing the best possible service to laryngectomees and speech language pathologists on the West Coast..

Chairman of the Board: Jack Henslee (jhenslee@comcast.net)

Trustee: Debi Austin (debi@debiaustin.com)

Trustee: Wayne Baker (wayneb@sbcglobal.net)

Trustee: Howard Bentzinger (hlbentz@charter.net)

Trustee: Chuck Rusky (c_rusky@msn.com)

Trustee: Elizabeth Finchem (Elizabethfinchem@comcast.net)

Several current board members have indicated an interest or desire to step down. We need several candidates that are willing to serve on the Board and help promote future workshops and conferences in addition to other duties that help preserve this organization. If you are interested, and affiliated with a club in the five western states please contact Jack Henslee at jhenslee@calvoice.org. Candidates from OR and NV are encouraged since we have no representation from those states, but all are welcome to apply.

Notice:

The CAL website is finally up a running after a major facelift. Some areas are still “under construction” and others still need some tweaking but we are functional. All the meeting information found in this newsletter can also be found on the website, and registrations can be made online via credit card if you so desire. The website address is:

www.calvoice.org

**Hope to see you in Stockton, CA
April 23-24**

Jack Henslee
2137 Hacienda Drive
Stockton, CA 95209
jhenslee@calvoice.org

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